Essay on Joy of sharing is caring



There are two main things in a life of an individual, one is **health** and second one is **respect**, both of these things are linked with happiness and joy. A good health can only be achieved if the surrounding are full of joy and satisfaction. Happiness comes due to sharing, once you share something with to whom you love, then automatically you find a way to joy and inner satisfaction. One of the universal truth is that "happiness flourishes by sharing".

Health and respect can only be get when there is peace of mind. Peace and prosperity are the tools that multiply happy and joy. Harmony and joy are the only good items that flow smoothly individual life.

No one is perfect in this mortal world, if someone is a carpenter, then he can only do work related to furniture and wood, while rest of his work and task of life are to be completed by other professional shares.

Bees made honey, but there share is obtained by all. So sharing begets joy and happiness.

Industry of world is running on idea of sharing, professional share their findings with nonprofessional, teachers share their knowledge with students, skillful person share their skills with non skillful, thinkers share their thinking with non thinker, researcher show and share their research with whole world.

Blessings of Almighty Allah share by all creatures. Oxygen, water, environment, sea, rivers, sky and earth is to be used on idea of sharing.



Now, imagine if a member of family does not allow other members to use and share his belongings then inevitably it will lose its relations gradually.

Sharing is first principle of love. If you want to give someone happiness and want to show your affection and love then sharing of your bits and bobs will be a practical and authentic idea.

Happiness of sharing in visual you can see on the face of a mother after feeding her kids and caring her family.

Happiness prevails on the face of a father after providing shelter and livelihood to his family.

Joy of sharing is visible on the face of kindness companion after helping his friend.

But all of the above examples are just for trigger, now don't wait for others take start from your side and see how sharing will create joy and happiness in your mind and heart. You will see how you have been covered with sheet of love and joy after either you have shared something or one of your friend has shared something with you. It does not matter what you or they have shared, it may be words, secrets, talks, conversations, belongings, tools, goods, money and love.

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